



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

Session: 2021-22

Name of College:	School of Liberal Arts
Name of Department:	Liberal Arts
Program Name:	B.A. (Hons.) Psychology
Program Code:	41

Program Educational Objectives- PEO, Program Specific Outcomes- PSO, Program Outcomes-PO, Course Outcomes-CO

Program Educational Objectives (PEO)

PEO-1	Display Knowledge to cultivate better understanding of psychological aspects.
PEO-2	Enable the students to critically analyse the psychological thoughts by creative abilities that can be used in research or that can meet with the current trends in Society.
PEO-3	Demonstrate and apply the comprehensive knowledge of psychological concepts in emerging fields of Psychology.
PEO-4	Be a responsible global citizen demonstrating concern for society and environment through holistic professional development of every student.
PEO-5	Pursue higher education and/or engage in continuous growth and development of their professional skills.

Program Outcomes-(PO)

PO-1	Apply the knowledge of Psychology to understand human behavior and build careers in this field.
PO-2	Identify, formulate, review research literature and analyze complex issues reaching substantiated critical analysis and conclusions using principles and theories of Psychology.
PO-3	Enrich Psychological skills for complex psychological issues faced by human beings.
PO-4	Enhance communication skills by enabling students to read and write Reports, prepare documentation and effective presentation. Use modern IT tools to enhance the digital literacy.
PO-5	Use research-based knowledge and research methods including critical analysis and its application, analysis and interpretation of data and synthesis of the information to provide valid conclusions.
PO-6	Develop holistic understanding of harmony by natural acceptance of human values and ethics.
PO-7	Demonstrate the significance of Sustainable development; develop concerns about environmental issues.



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

PO-8	Demonstrate disciplinary knowledge required to develop capabilities to adapt with emerging trends in industry.
PO-9	Develop understanding regarding the issues like Social, cultural, economic and Develop concern about global issues –Poverty, Terrorism and Sustainable development. Develop understanding of Human Rights and Gender Equality. Raise aspirations to promote gender equality.
PO-10	Recognize the need for and enhance the competence to engage in independent and lifelong learning in the broadest context of social change.

Program Specific Outcomes (PSO)

PSO-1	Understand and evaluate foundational theories and perspectives in Indian and western psychology. Discuss the understanding and application of human psychological capabilities like memory, intelligence, motivation and other higher mental process.
PSO-2	Recognize the research methods used in psychology and apply their knowledge in the assessment of various psychological phenomena (ie, Learning, Memory, Intelligence, and Perception) using different statistical tools.
PSO-3	Identify biological, Psychological and Socio- cultural determinants of abnormal behaviour. Develop an Understanding of symptoms and etiology of various psychological disorders.
PSO-4	Analyse the characteristics that influence social cognitions (ie, Attitude, Prejudice) and social interactions (ie, Altruism, Aggression and Interpersonal Attraction).



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

CC- The Course Code with Alphanumeric designated in the BOS of that particular year to be mentioned.

The information may be filled as per the illustration below for the courses offered Semester-wise for the entire program.

Semester- I	
Course Name: Introduction to Psychology	
Course Code (CC): TBHPY 101	
TBHPY 101-CO-1	Understand the basic principles, methodology and fields of Psychology.
TBHPY 101-CO-2	Apply the understanding and applications of human psychological capabilities like memory, intelligence, motivation and other higher mental processes.
TBHPY 101-CO-3	Use experimental knowledge and research methods including critical analysis and its application, analysis and interpretation of data for assessment of human behaviour.
TBHPY 101-CO-4	Analyse the nature and understanding of cognitive capabilities of human beings like intelligence, memory and implementation in everyday life.

Semester- I	
Course Name: Introduction to Psychology Lab	
Course Code (CC): TBHPY 101	
TBHPY 101-CO-1	Define and apply the scientific method to psychology.
TBHPY 101-CO-2	Know the research methods used in psychology and apply their knowledge in the assessment of various psychological Phenomena (i,e Learning, Memory, Perception)
TBHPY 101-CO-3	Demonstrate knowledge of the major theoretical approaches and findings in Psychology
TBHPY 101-CO-4	Demonstrate the experimental aspects of Memory and Perception.



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

Semester- I

Course Name: Biopsychology

Course Code (CC): TBHPY 102

TBHPY 102-CO-1	Develop an understanding of the influence of biological and cognitive components on bodily system
TBHPY 102-CO-2	Develop recognition of the neurobiological basis of psychological function and dysfunction.
TBHPY 102-CO-3	Classify various psychological problems by creating social awareness.
TBHPY 102-CO-4	Explore the biological basis of behaviour using modern approaches and therapeutic techniques.

Semester- I

Course Name: Understanding Globalization

Course Code (CC): TBHG 101

TBHG 101-CO-1	Discuss Philosophical and theoretical debates on globalization, examine the economic, political, social, cultural issues and their impact on contemporary cultures, particularly in the developing world.
TBHG 101-CO-2	Investigate a significant role played by contemporary world actors. Examine the contemporary world affairs and to critically analyze the interaction between contemporary world actors on global issues and also describe the strategy constructed and adopted to maintain international relations and for global harmony
TBHG 101-CO-3	Examine the issue of global warming; appreciate the role of ethics, values and norms in producing culturally attuned and effective biodiversity conservation.
TBHG 101-CO-4	Examine the principal issues associated with international terrorism, construct the indices of Poverty and discuss about global inequality and critically analyze the success and failures of policy measures initiated by policy makers at global level.



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

Semester- I

Course Name: Comparative Government and Politics

Course Code (CC): TBHG 102

TBHG 102-CO-1	Develop an understanding of key concepts of comparative politics
TBHG 102-CO-2	Examine the issues and methods that cover comparative politics
TBHG 102-CO-3	Identify different types of economic and political systems.
TBHG 102-CO-4	Compare and contrast different political systems

Semester- I

Course Name: Environmental Studies

Course Code (CC): TBAE 101

TBAE 101-CO-1	Develop the basic skills to understand the environment & it's various components and the links between humans & the natural systems
TBAE 101-CO-2	Acquire the knowledge of the complex environmental-economic-social challenges and actively participate in finding solutions of the current environmental problems like environmental pollution, climate change, solid waste management and the like.
TBAE 101-CO-3	Assess the consequences of human actions on the environment and its subsequent impacts on human health & welfare.
TBAE 101-CO-4	Critically involve in understanding the social context of environmental awareness in the form of environmental ethics, movements and policies at national & international level.

Semester- II

Course Name: Psychology of Individual Differences

Course Code (CC): TBHPY 201

TBHPY 201-CO-1	Grasp the characteristics of individual differences and develop capacity to critically appraise popular psychology theories of personality.
TBHPY 201-CO-2	Understand several major theoretical perspectives on personality and Intelligence.
TBHPY 201-CO-3	Compare and critically evaluate major theories about personality and intelligence.
TBHPY 201-CO-4	Discuss Indian Contribution and identify yogic perspective of Psychology.



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

Semester- II

Course Name: Psychology of Individual Differences Lab

Course Code (CC): PBHPY 201

PBHPY 201-CO-1	Define and apply the methodology to psychology.
PBHPY 201-CO-2	Demonstrate knowledge of the main theoretical approaches and findings in psychology.
PBHPY 201-CO-3	Know the research methods employed in psychology and apply their knowledge within the assessment of assorted psychological Phenomena (i.e Personality, Learning)
PBHPY 201-CO-4	Assessment of Personality and Intelligence through various test and experiments.

Semester- II

Course Name: Statistical Methods for Psychological Research- I

Course Code (CC): TBHPY 202

TBHPY 202-CO-1	Discuss research designs and statistical methods for the social and behavioural sciences.
TBHPY 202-CO-2	Apply Various Statistical tools utilized in descriptive statistics of quantitative research.
TBHPY 202-CO-3	Use the concepts of central tendency and dispersion, and be able to compute relative statistics.
TBHPY 202-CO-4	Calculate descriptive and inferential statistics, and test hypotheses using the suitable inferential distributions and formulae

Semester- II

Course Name: Research Methodology

Course Code (CC): TBHG 201

TBHG 201-CO-1	Develop an understanding of the term 'Research', nature and significance of research, objectives of doing research, characteristics of research and its scope.
TBHG 201-CO-2	Comprehend the Research Design including its components, nature, process, problem identification, formulation of research statement and hypothesis
TBHG 201-CO-3	Understand and analyse various research methods and its types in Psychology.



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

TBHG 201-CO-4

Identify and discuss the concepts and procedures of sampling, measurement and scaling and understand the meaning of interpretation; analyse the concept of Ethics and Philosophical Issues in Research.

Semester- II

Course Name: Basics of International Relations

Course Code (CC): TBAE 202

TBAE 202-CO-1

Identify the names and geographic location of most contemporary states and analyze articles of varying complexity on international topics.

TBAE 202-CO-2

Discuss the main international relations theories and thus giving the tools necessary to understand the day-to-day events reported in the media.

TBAE 202-CO-3

Describe the role of individual and cultural values and perceptions, and the importance of analyzing international problems.

TBAE 202-CO-4

Demonstrate the arguments and evidence surrounding a controversial issue in world politics and issues related to it.

Semester- II

Course Name: English Communication

Course Code (CC): TBAE 201

TBAE 201-CO-1

Understand the meaning and the process of effective communication along with its classification into various type

TBAE 201-CO-2

Comprehend the different elements and barriers to effective communication process and developing ways to overcome the same

TBAE 201-CO-3

Construct clear concepts of writing, listening and speaking skills in English communication.

TBAE 201-CO-4

Develop skills of language to communicate both verbally and non-verbally in professional situations.

Semester- III

Course Name: Psychological Research

Course Code (CC): TBHPY 301

TBHPY 301-CO-1

Identify different methodological approaches and paradigms that have been used to study psychological processes.

TBHPY 301-CO-2

Analyze the experimental and non-experimental methods in research.

TBHPY 301-CO-3

Differentiate the process and methods of quantitative and qualitative



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

	psychological research.
TBHPY 301-CO-4	Discover various methods of data collection in psychological research.

Semester- III

Course Name: Psychological Research

Course Code (CC): PBHPY 301

PBHPY 301-CO-1	Identify different methodological approaches and paradigms that have been used to study psychological processes.
PBHPY 301-CO-2	Analyze the experimental and non-experimental methods in research.
PBHPY 301-CO-3	Differentiate the process and methods of quantitative and qualitative psychological research.
PBHPY 301-CO-4	Discover various methods of data collection in psychological research.

Semester- III

Course Name: Development of Psychological Thought

Course Code (CC): TBHPY 302

TBHPY 302-CO-1	Understanding Abnormality by applying the knowledge of assessment, diagnosis, classification system and DSM categories.
TBHPY 302-CO-2	Explain various Theoretical approaches on abnormal behavior as Biological, familial, cultural, behavioral, cognitive and psychodynamic.
TBHPY 302-CO-3	Describe the etiology of anxiety disorders (generalized anxiety disorder, panic disorder, phobias), mood disorders, including major depressive disorder and bipolar disorder, Psychotic disorders and Learning disorders.
TBHPY 302-CO-4	Identify and explain various types of Biological and Psychological therapies used for psychological disorders.

Semester- III

Course Name: Social Psychology

Course Code (CC): TBHPY 303

TBHPY 303-CO-1	Discuss findings and theory on the link between attitudes and behavior.
TBHPY 303-CO-2	Define attitudes and describe the theories of attitude change, including the role of cognitive dissonance.
TBHPY 303-CO-3	Identify the characteristics that influence Social cognitions (i.e.,



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

	attitude, prejudice) and Social Interactions (i.e., altruism, aggression, Interpersonal attraction).
TBHPY 303-CO-4	Discuss the foremost developing areas of theory and research in contemporary psychological science (i.e., applied psychological science, cross-cultural research, social cognition, and also the evolutionary approach).

Semester- III

Course Name: Gender and Society

Course Code (CC): TBHG 301

TBHG 301-CO-1	To analysis how concepts of gender and sexuality are created, maintained and challenged through embodiment, cultural representation and social organization.
TBHG 301-CO-2	To describe the historical, cross cultural and contemporary social trends surrounding sex and gender.
TBHG 301-CO-3	To evaluate gender as a social construction which perpetuates global inequalities and stratification.
TBHG 301-CO-4	To explore gender theories and apply them to political issues at a domestic, international and transnational level.

Semester- III

Course Name: Indian Sociology

Course Code (CC): TBHG 302

TBHG 302-CO-1	Understanding of sociological concepts and institutions in the Indian context.
TBHG 302-CO-2	Facilitate learning and reflecting about the multiple, contextual and socio-cultural registers of Indian society
TBHG 302-CO-3	Apply the sociological perspective in understanding how society shapes our individual lives.
TBHG 302-CO-4	Analyze Dalit and women's movement in India.

Semester- III

Course Name: Entrepreneurial Development

Course Code (CC): TBHSE 301

TBHSE 301-CO-1	Understand the concept of entrepreneurship, characteristics, types. With the help of case studies of real-world, diagnose
-----------------------	---



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

	various factors causing hindrance in the process of entrepreneurship development and also provide constructive suggestions.
TBHSE 301-CO-2	Discuss meaning and objectives of motivation. Analyze various theories of motivation. Describe the relationship between culture and entrepreneurship. Analyze and discuss the significance of values and risk-taking behavior of an entrepreneur.
TBHSE 301-CO-3	Explore the term creativity and discuss about creative problem-solving process. Identifying and developing problem solving skills by using left brain approach.
TBHSE 301-CO-4	Understand the meaning and scope of business plan, enabling students to write, use and Implement the business plans with the help of case studies. Critically analyze the Government policies for entrepreneurship in India.

Semester- IV

Course Name: Statistical Methods for Psychological Research-II

Course Code (CC): TBHPY 401

TBHPY 401-CO-1	Understand the concept of regression in statistics and calculate coefficients of regression
TBHPY 401-CO-2	Define the meaning and purpose of Sampling and explain various sampling techniques used for the analysis of psychological data.
TBHPY 401-CO-3	Use the concepts of Variability and standard scores, and be able to compute the Average Deviation, the Standard Deviation and Z score.
TBHPY 401-CO-4	Calculate descriptive and inferential statistics, and test hypotheses using the suitable inferential distributions and formulae.

Semester- IV

Course Name: Developmental Psychology

Course Code (CC): TBHPY 402

TBHPY 402-CO-1	Understand the Concept and theories of human development.
-----------------------	---



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

TBHPY 402-CO-2	Explain various Spheres and of Human Development and by providing an overview of various western and Indian perspectives related to physical, emotional, cognitive and vocal development through-out the entire lifespan
TBHPY 402-CO-3	Analyze various stages of Life Span Development i.e Prenatal development, Birth and Infancy, Childhood, Adolescence and Adulthood
TBHPY 402-CO-4	Discover the influence of social and cultural factors on human development.

Semester- IV

Course Name: Applied Social Psychology

Course Code (CC): TBHPY 403

TBHPY 403-CO-1	Understand the nature of Applied Social psychology.
TBHPY 403-CO-2	Discuss the levels of social behavior and understand the influences of societal variables on human behavior.
TBHPY 403-CO-3	Investigate various social problems by applying the theories and concepts of applied social psychology.
TBHPY 403-CO-4	Critically examine a variety of intervention techniques dealing with issues and problems in interpersonal and societal issues.

Semester- IV

Course Name: Applied Social Psychology Lab

Course Code (CC): PBHPY 403

PBHPY 403-CO-1	Understand the nature of Applied Social psychology.
PBHPY 403-CO-2	Discuss the levels of social behavior and understand the influences of societal variables on human behavior.
PBHPY 403-CO-3	Investigate various social problems by applying the theories and concepts of applied social psychology.
PBHPY 403-CO-4	Critically examine a variety of intervention techniques dealing with issues and problems in interpersonal and societal issues.

Semester- IV

Course Name: Human Resource Management



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

Course Code (CC): TBHG 401

TBHG 401-CO-1

Develop the understanding of basic concepts and issues in HRM. Differentiate between HRM and HRD.

TBHG 401-CO-2

Develop the ability to understand the Human Resource Practices.

TBHG 401-CO-3

Describe the concept of globalization along with cultural dimensions. Develop the skills required to select international assignees and. Policies and Practices in the international HRM. Analyze the significance of Cross-cultural training.

TBHG 401-CO-4

Understand Organizational Change. Develop strategies for organizational development..

Semester- IV

Course Name: Economics of Money and Banking

Course Code (CC): TBHG 402

TBHG 402-CO-1

Define and Explain the concept of Money and its functions. Describe the measures of Money Supply. Critically Explain and analyze the Theories of Money Supply Determination. Analyze the indicators and instruments of Monetary Control. Analyze the Monetary Management in open Economy. Critically analyze the Current Monetary Policy of India.

TBHG 402-CO-2

Describe the role and Problems of Financial markets and institutions. Define and describe the structure of Money Market and Capital Market along with their significance.

TBHG 402-CO-3

Determination of interest rate, Examine the sources of interest rates differentials. Critically analyze the theories of Term structure of interest Rates.

TBHG 402-CO-4

Develop an understanding of the growth of Banking Sector in India. Describe Balance sheet and Portfolio Management. Evaluate the structure and changing role of Indian Banking System

Semester- IV

Course Name: Human Values and Professional Ethics

Course Code (CC): TBHSE 401

TBHSE 401-CO-1

Describe the concept of Value education, self-exploration, content and the process. Identifying the essentials of human values and skills. Recognize the role of ethics in human life and apply creative thinking to fulfill the aspirations of every human being.



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

TBHSE 401-CO-2	Understand the dimension of ethical human conduct and determine how values can be converted to rules of behavior that can be derived as ethics. Understand the correct appraisal of physical needs.
TBHSE 401-CO-3	Develop the ability of establishing Harmony in Family, Society and Nature. Develop the ability to understand the need of ethics in Profession. Analyze the significance of eco-friendly production techniques to meet the sustainable development goals. Identifying the Ethics for Profession along with issues.
TBHSE 401-CO-4	Understand the implication of holistic understanding of harmony on professional ethics.

Semester- V

Course Name: Understanding Psychological Disorders

Course Code (CC): TBHPY 501

TBHPY 501-CO-1	Understand the concept of Abnormality by applying the knowledge of assessment, diagnosis and classification system
TBHPY 501-CO-2	Explain various Theoretical approaches on abnormal behavior as Biological, familial, cultural, behavioral, cognitive and psychodynamic
TBHPY 501-CO-3	Describe the etiology of anxiety disorders, conversion disorders and Dissociative disorder.
TBHPY 501-CO-4	Identify and explain the etiology and dynamics of various Developmental disorders, Substance related disorders and eating disorders

Semester- V

Course Name: Organizational Behavior

Course Code (CC): TBHPY 502

TBHPY 502-CO-1	Understand the historical and theoretical foundation of Industrial Psychology.
TBHPY 502-CO-2	Explain changes and issues in Industrial setting
TBHPY 502-CO-3	Learn and apply the communication skills within organization by understanding and managing communication



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

TBHPY 502-CO-4

Analyze various theories and importance of work motivation, job satisfaction and leadership at the workplace.

Semester- V

Course Name: Positive Psychology

Course Code (CC): TDHPY 501

TDHPY 501-CO-1

Understand the realm of Positive psychology with Indian and Western perspectives and Identify the difference between Character Strengths and virtues.

TDHPY 501-CO-2

Discuss various affective and cognitive components of positive mental

TDHPY 501-CO-3

Recognize the measures of happiness and well-being as well as variables that are related to happiness and well-being

TDHPY 501-CO-4

Equip himself/herself with the skill and competence to apply positive psychology principles in a range of environments to increase individual and collective wellbeing.

Semester- V

Course Name: Cultural and Indigenous Psychology

Course Code (CC): TDHPY 502

TDHPY 502-CO-1

Understand the methods to study culture, cultural identity, cultural influence, and prejudice.

TDHPY 502-CO-2

Discuss the concept of 'Self' and others in different cultures.

TDHPY 502-CO-3

Analyze and evaluate the effect of cultural change and cultural transition on psychological processes

TDHPY 502-CO-4

Apply knowledge from cultural psychology to a contemporary Indian Perspective.

Semester- V

Course Name: Health Psychology

Course Code (CC): TDHPY 503

TDHPY 503-CO-1

Understand and describe the models and theories that are used to explain health risk and health-enhancing behaviors

TDHPY 503-CO-2

Understand the various sources of stress and the impact of stress on health and well-being.

TDHPY 503-CO-3

Identify and analyze the chronic illness and its management



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

TDHPY 503-CO-4

Gain an awareness on health compromising and health enhancing behaviors.

Semester- V

Course Name: Psychology for Health and Well-Being

Course Code (CC): TDHPY 504

TDHPY 504-CO-1

Understand and describe the models and theories that are used to explain health risk and health-enhancing behaviors

TDHPY 504-CO-2

Understand the various sources of stress and the impact of stress on health and well-being.

TDHPY 504-CO-3

Identify and analyze the chronic illness and its management

TDHPY 504-CO-4

Gain an awareness on health compromising and health enhancing behaviors.

Semester- V

Course Name: Organizational Behavior

Course Code (CC): PBHPY 502

PBHPY 502-CO-1

Understand the historical and theoretical foundation of Industrial Psychology.

PBHPY 502-CO-2

Explain changes and issues in Industrial setting

PBHPY 502-CO-3

Learn and apply the communication skills within organization by understanding and managing communication

PBHPY 502-CO-4

Analyze various theories and importance of work motivation, job satisfaction and leadership at the workplace.

Semester- V

Course Name: Positive Psychology

Course Code (CC): PDHPY 501

PDHPY 501-CO-1

Understand the realm of Positive psychology with Indian and Western perspectives and Identify the difference between Character Strengths and virtues.

PDHPY 501-CO-2

Discuss various affective and cognitive components of positive mental

PDHPY 501-CO-3

Recognize the measures of happiness and well-being as well



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

	as variables that are related to happiness and well-being
PDHPY 501-CO-4	Equip him/her with the skill and competence to apply positive psychology principles in a range of environments to increase individual and collective wellbeing.

Semester- V

Course Name: Cultural and Indigenous Psychology

Course Code (CC): PDHPY 502

PDHPY 502-CO-1	Understand the methods to study culture, cultural identity, cultural influence, and prejudice.
PDHPY 502-CO-2	Discuss the concept of 'Self' and others in different cultures.
PDHPY 502-CO-3	Analyze and evaluate the effect of cultural change and cultural transition on psychological processes
PDHPY 502-CO-4	Apply knowledge from cultural psychology to a contemporary Indian Perspective.

Semester- V

Course Name: Health Psychology

Course Code (CC): PDHPY 503

PDHPY 503-CO-1	Understand and describe the models and theories that are used to explain health risk and health-enhancing behaviors
PDHPY 503-CO-2	Understand the various sources of stress and the impact of stress on health and well-being.
PDHPY 503-CO-3	Identify and analyze the chronic illness and its management
PDHPY 503-CO-4	Gain an awareness on health compromising and health enhancing behaviors.

Semester- V

Course Name: Psychology for Health and Well-Being

Course Code (CC): PDHPY 504

PDHPY 504-CO-1	Understand and describe the models and theories that are used to explain health risk and health-enhancing behaviors
-----------------------	---



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

PDHPY 504-CO-2	Understand the various sources of stress and the impact of stress on health and well-being.
PDHPY 504-CO-3	Identify and analyze the chronic illness and its management
PDHPY 504-CO-4	Gain an awareness on health compromising and health enhancing behaviors.

Semester- VI

Course Name: Counseling Psychology
Course Code (CC): TBHPY 602

TBHPY 602-CO-1	Understand the Meaning, Goal and process of counseling
TBHPY 602-CO-2	Analyze various technical approaches of counseling used in psychology.
TBHPY 602-CO-3	Discuss Various contemporary trends in the field of counseling along with Indian yogic and meditative techniques.
TBHPY 602-CO-4	Apply Counseling skills as an intervention in clinical setting

Semester- VI

Course Name: Community Psychology
Course Code (CC): TDHPY 601

TDHPY 601-CO-1	Understanding of human development and well-being within individual's community framework
TDHPY 601-CO-2	Identify stakeholders in defining and solving social problems.
TDHPY 601-CO-3	Evaluate and participate in the development of effective intervention, prevention and health promotion strategies and programs for individuals, small groups, and communities.
TDHPY 601-CO-4	Apply community psychology knowledge to make interventions across diverse groups and organizations through community-based experience

Semester- VI

Course Name: Psychology At Work
Course Code (CC): TDHPY 602



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

TDHPY 602-CO-1	Understand the historical and theoretical foundation of Industrial Psychology
TDHPY 602-CO-2	Explain the contemporary changes and issues in industrial settings.
TDHPY 602-CO-3	Learn and apply the communication skills within organization by understanding and managing communication..
TDHPY 602-CO-4	Analyze various theories and importance of work motivation, jobsatisfaction and leadership at the workplace.

Semester- VI

Course Name: Counseling Psychology Lab

Course Code (CC): PBHPY 602

PBHPY 602-CO-1	Understand the Meaning, Goal and process of counseling
PBHPY 602-CO-2	Analyze various technical approaches of counseling used in psychology.
PBHPY 602-CO-3	Discuss Various contemporary trends in the field of counseling along with Indian yogic and meditative techniques.
PBHPY 602-CO-4	Apply Counseling skills as an intervention in clinical setting

Semester- VI

Course Name: Community Psychology Lab

Course Code (CC): TDHPY 601

PDHPY 601-CO-1	Understanding of human development and well-being within individual's community framework
PDHPY 601-CO-2	Identify stakeholders in defining and solving social problems.
PDHPY 601-CO-3	Evaluate and participate in the development of effective intervention, prevention and health promotion strategies and programs for individuals, small groups, and communities.
PDHPY 601-CO-4	Apply community psychology knowledge to make interventions across diverse groups and organizations through community-based



UTTARANCHAL UNIVERSITY

(Established vide Uttaranchal University Act, 2012)

(Uttarakhand Act No. 11 of 2013)

Arcadia Grant, P.O. Chandainwari, Premnagar, Dehradun, Uttarakhand

experience

Semester- VI

Course Name: Psychology At Work

Course Code (CC): PDHPY 602

PDHPY 602-CO-1

Understand the historical and theoretical foundation of Industrial Psychology

PDHPY 602-CO-2

Explain the contemporary changes and issues in industrial settings.

PDHPY 602-CO-3

Learn and apply the communication skills within organization by understanding and managing communication..

PDHPY 602-CO-4

Analyze various theories and importance of work motivation, jobsatisfaction and leadership at the workplace.

Semester- VI

Course Name: Psychological Assessment

Course Code (CC): TDHPY 603

TDHPY 603-CO-1

Understand the basic of psychological assessment

TDHPY 603-CO-2

Understand about the assessment of different types of skills and abilities

TDHPY 603-CO-3

Analyze the process of psychological Testing

TDHPY 603-CO-4

Apply the processes of test construction and standardization.

Semester- VI

Course Name: Psychological Assessment

Course Code (CC): PDHPY 603

PDHPY 603-CO-1

Know the process of psychological assessment

PDHPY 603-CO-2

Assessment of different types of skills and abilities.

PDHPY 603-CO-3

Assessment of Personality traits.

PDHPY 603-CO-4

Apply the processes of test construction and standardization.